

| | | 日期Date | 2023/9/11 | 2023/9/12 | 2023/9/13 | 2023/9/14 | 2023/9/15 |
|-------------|--------------------|--------|---|--|--|---|---|
| | | 星期Day | 週一 | 週二 | 週三 | 週四 | 週五 |
| 午餐 Lunch | 輕食套餐 | 主食 | 佛羅倫斯雞腿義大利麵 Pasta with Chicken Drumsticks | 青醬豬柳燉飯 Pesto Risotto with Pork Tenderloin | 奶油蒜香墨魚黑醬麵 Cuttlefish Pasta with Butter and Garlic | 咖哩野菜牛肉丸焗飯 Curry Baked Rice with Beef Ball and Vegetables | 紅藜麥豬肉片套餐 Red Quinoa Pork Slices Meal |
| | | 飲料 | 日式和風蔬菜湯Vegetable Soup | 玉米濃湯Corn Soup | 法式洋蔥雞肉清湯 French Onion Chicken Soup | 奶油白菜濃湯 Cabbage Soup with Butter | 濟州小魚清湯 Milkfish Soup |
| | | 水果 | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit |
| | | 熱量 | 710 | 690 | 680 | 720 | 835 |
| | | 套餐 | 輕食B餐 | 輕食B餐 | 輕食B餐 | 輕食B餐 | 輕食B餐 |
| | | 主食 | 瑪格莉特豬肉薄餅披薩 Margherita with Pork | 墨西哥辣雞排藜麥三明治 Quinoa Sandwich with Mexico Spicy Chicken Leg | 烤肉醬豬肉起士堡Cheese Burger with Barbecue Sauce and Pork | 香檸雞肉潛艇堡 Sub with Lemon Chicken | 泰式酸辣豬排核桃堡Thai Walnut Burger with Hot and Sour Pork Chop |
| | | 飲料 | 鮮豆漿Soy Milk | 草莓優酪乳 Strawberry Buttermilk | 薏仁糙米漿 Brown Rice Milk with Job's Tears | 保久乳 Long-lasting Milk | 蘋果汁Apple Juice |
| | | 水果 | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit |
| | | 熱量 | 750 | 740 | 710 | 720 | 740 |
| | | 晚餐 | 輕食套餐 | 主食 | 韓式洋蔥燒肉拌飯 Korean Mixed Rice with Pork and Onion | 日式照燒雞肉大亨堡 Big Bite with Teriyaki Chicken | 咖哩豬肉洋蔥堡 Onion Burger with Curry Pork |
| 飲料 | 糙米漿Brown Rice Milk | | | 保久乳 Long-lasting Milk | 柳橙汁Orange Juice | 黑豆漿 Black Soy Milk | |
| 水果 | 季節水果 Fruit | | | 季節水果 Fruit | 季節水果 Fruit | 季節水果 Fruit | |
| 熱量 | 740 | | | 720 | 680 | 720 | |